



Submission Form For Testing

Accounting: Invoice paid for by Sarah Whitehead (info@414fitness.com)

Please enter the details of the person being tested:

First Name:

Last Name:

Date of Birth:

Zip Code:

Print clearly the primary email address:

(this is where you will receive your results)

Please mail to:

5 Strands Affordable Testing

595 Old Norcross Road, Suite D
Lawrenceville, GA 30046

The Disclaimer: 5 Strands Affordable Testing and Sarah Whitehead of 4:14 Fitness, do not make any medical diagnosis nor are they intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your doctor or other qualified health provider if you have a medical condition or with any questions you may have regarding a medical condition and/or medical symptoms. Never disregard professional medical advice or delay in seeking it because of something you have read on this website. All probable or possible diagnosis results generated by the test need to be confirmed with a qualified medical practitioner. If you think you may have an emergency, call your doctor or the emergency services immediately. Reliance on any information provided by 5 Strands Affordable Testing and Sarah Whitehead or 4:14 Fitness is solely at your own risk. The method of testing you are getting is not IgE allergies. Those allergies can be serious and you should seek the help of an allergy specialist to have those tested.